

Overall Race Rank	Race Number	Surname	First Name	Club	Category	Time
1	210	Southern	Greg	Sleaford Striders AC	Male Vet 40	00:35:47
2	51	Hawkins	Colin		Male	00:36:07
3	68	Bailey	Jan		Male Vet 40	00:37:37
4	318	Langlands	Alex		Male	00:37:47
5	305	Pell	Christopher	Cambridge and Coleridge AC	Male	00:38:14
6	18	Holmes	Russell		Male Vet 50	00:39:49
7	183	Hopkinson	Lewis	Newark Striders Running Club	Male Vet 40	00:40:09
8	218	Keyworth	Matthew		Male Vet 40	00:40:12
9	244	Moore	Brendan	Ilkeston Running Club	Male	00:40:28
10	201	Jones	Joe		Male	00:40:39
11	27	Meadows	Gav	Grantham Running Club	Male	00:40:42
12	175	Robinson	Raymond	Beaumont RC	Male Vet 60	00:40:53
13	172	Watkin	Nigel	Mansfield Harriers	Male Vet 60	00:41:16
14	35	Godwin	Sam	Notts AC	Male	00:41:44
15	189	Bishop	Andrew		Male Vet 40	00:41:50
16	7	Smart	Duncan	Bridlington Road Runners	Male Vet 40	00:42:18
17	247	Haynes	Phil		Male Vet 50	00:42:21
18	329	Fox	Jon		Male	00:42:27
19	134	Tighe	Robert	Lincoln Wellington Athletic Club	Male	00:42:28
20	306	Cocker	Jessica	Cambridge and Coleridge AC	Female	00:42:32
21	184	Atter	Matthew		Male	00:42:37
22	139	Lawlor	John	Sleaford Town Runners	Male Vet 60	00:42:40
23	5	Baker	Andy	Bridlington Road Runners	Male Vet 50	00:42:44
24	47	Durham	Holly	Grantham Running Club	Female Vet 35	00:42:52
25	225	Davies	Stephen	Mansfield Harriers	Male Vet 50	00:42:54
26	323	Tasker	Gary	Newark Striders Running Club	Male Vet 40	00:43:39
27	21	Coates	Simon		Male Vet 40	00:43:49
28	327	Gilmore	Aaron		Male	00:43:57
29	206	Payne	Richard	Grantham Running Club	Male	00:44:08
30	242	Cragg	Gary	Holme Pierrepont RC	Male Vet 40	00:44:14
31	326	Simpson	Katy	Southwell Running Club	Female Vet 35	00:44:21
32	156	Freeland	Richard		Male	00:44:25
33	3	Hickman	Iain		Male	00:44:28
34	122	Payne	Catherine	Grantham Running Club	Female Vet 45	00:44:46
35	72	Brinkley	Michael		Male	00:44:48
36	215	Winter	Mark	Newark Striders Running Club	Male Vet 40	00:44:52
37	13	Dews	Dave	Newark Striders Running Club	Male	00:44:56
38	303	Watson	Conrad	Sutton in Ashfield Harriers	Male Vet 50	00:44:57
39	143	Hodges	Penny	Grantham Running Club	Female Vet 35	00:45:00
40	133	Church	Deborah	Driffild Striders	Female Vet 35	00:45:08
41	16	Rothwell	Stuart		Male	00:45:15
42	12	Davis	Peter	Newark Striders Running Club	Male Vet 60	00:46:04
43	204	Whitehead	Jason		Male Vet 40	00:46:09
44	83	Codd	David		Male Vet 40	00:46:14
45	63	Cheung	Jimmy		Male Vet 40	00:46:15
46	304	Young	Simon	Lincoln & District Runners	Male Vet 50	00:46:23
47	197	Waugh	David	Doncaster Athletic Club	Male Vet 40	00:46:45
48	317	Langlands	Helen	Stilton Striders	Female	00:46:53
49	80	Hodson	David	Holme Pierrepont RC	Male	00:47:01
50	212	Lilley	Ben	Sleaford Striders AC	Male Vet 40	00:47:02
51	232	Latter	Stefan	Grantham Running Club	Male Vet 40	00:47:03
51	313	Dodsley	Darren	Kimberley & District Striders	Male Vet 40	00:47:03
53	22	Kellow	Jim		Male	00:47:10
54	180	Parkinson	Dan		Male Vet 40	00:47:14
55	161	Stone	Carl	UKnetrunner.co.uk	Male Vet 50	00:47:16
56	325	Thompson	Brian	Newark Striders Running Club	Male Vet 40	00:47:27
57	176	Sewards	Lynne	Beaumont RC	Female Vet 55	00:47:28
58	58	Britnell	Gary	Sleaford Town Runners	Male Vet 40	00:47:41
59	309	Craven	Andrew		Male Vet 40	00:47:56
60	152	Race	Jack	Southwell Running Club	Male	00:48:09
61	123	McArdle	Robert	Grantham Running Club	Male Vet 50	00:48:13
62	103	Martin	Steve	Newark Striders Running Club	Male Vet 50	00:48:22
63	216	Lindsay	Leroy	Newark Striders Running Club	Male Vet 50	00:48:33
64	148	Kettle	Kevin	Grantham Running Club	Male Vet 50	00:48:38
65	23	White	Bob	Ivanhoe Runners	Male Vet 60	00:48:42
66	113	Wallace	John		Male Vet 40	00:48:55
67	117	Toule	Benjamin		Male	00:48:56
68	151	Matthews	Jane	Southwell Running Club	Female Vet 55	00:49:31

69	246	Haynes	Kylie	Redhill Road Runners	Female	00:49:47
70	60	Wilson	Mark		Male Vet 40	00:49:50
71	40	Pearce	Rob	Belper Harriers	Male Vet 40	00:49:52
72	109	Clarke	Megan		Female	00:49:58
73	39	Rookes	Edward	Lincoln & District Runners	Male Vet 60	00:50:08
74	127	Bourne	Gary	Newark Striders Running Club	Male Vet 40	00:50:12
75	300	Priscott	Stephen	Holme Pierrepont RC	Male Vet 60	00:50:16
76	307	Strangeway	David	Lincoln Wellington	Male Vet 60	00:50:22
77	154	Baty	Stuart	Grantham Running Club	Male Vet 40	00:50:23
78	105	Scragg	Martin		Male Vet 50	00:50:31
79	108	Clarke	Nicholas	Notts AC	Male Vet 40	00:50:36
80	190	Clarke	Alastair	Newark Striders Running Club	Male	00:50:48
81	95	Fozzard	Loraine	Southwell Running Club	Female Vet 55	00:50:54
82	65	Trafford	Richard		Male Vet 40	00:51:05
83	137	Dobbs	Stephen		Male Vet 50	00:51:13
84	138	Rushby	Nick		Male Vet 50	00:51:14
85	177	Thornton	Heather		Female Vet 45	00:51:27
85	245	Jessop	Martin	Skegness Coasters	Male Vet 40	00:51:27
87	149	Tomlinson	Chris	Lincoln & District Runners	Male Vet 40	00:51:32
88	70	Welsh	Graham	Newark Striders Running Club	Male Vet 50	00:51:33
89	328	Zalewski	Sebastian		Male	00:51:36
90	187	Inglis	Alistair		Male Vet 40	00:51:38
91	238	Keane	Tracey		Female Vet 35	00:51:41
92	194	Naphthine	Lucy	Newark Striders Running Club	Female	00:51:43
93	166	Measures	Keith	Grantham AC	Male Vet 60	00:51:45
94	78	Durham	Paul	Grantham Running Club	Male Vet 60	00:51:55
95	195	Britz	Suzanne	Grantham Running Club	Female Vet 45	00:52:10
96	167	Marshall	Lindsey	Holme Pierrepont RC	Female Vet 55	00:52:14
97	30	Maric	Mark		Male Vet 40	00:52:16
98	312	Malone	Anita		Female Vet 35	00:52:18
98	316	Carrington	Jules		Female Vet 45	00:52:18
100	142	Cowling	Lee		Male Vet 40	00:52:21
101	193	Price	Rob		Male Vet 50	00:52:23
102	168	Dolphin-Rowland	Nikola		Female Vet 35	00:52:29
103	43	Salter	Mark	Redhill Road Runners	Male Vet 50	00:52:35
104	14	Cottam	Nicola	Grantham Running Club	Female Vet 45	00:52:43
105	136	Blatherwick	Nicola	Southwell Running Club	Female Vet 35	00:52:44
106	330	Stansfield	Jordan		Male	00:52:49
107	155	Joicey	Steve		Male Vet 40	00:53:01
108	96	Rolinson	Peter		Male Vet 60	00:53:16
109	182	Mishra	Vijendra		Male	00:53:35
110	17	Rothwell	Gary		Male	00:53:44
111	98	Poole	Derek	Holme Pierrepont RC	Male Vet 60	00:53:47
112	128	Brear	Emma	Sheffield RC	Female	00:53:49
113	331	Stansfield	Mark		Male Vet 50	00:53:54
114	107	Richardson	Tim	Mansfield Harriers	Male Vet 50	00:54:08
115	135	Arrowsmith	Shaun		Male Vet 40	00:54:15
116	223	Evans	David		Male Vet 60	00:54:17
117	314	Jones	Helen		Female Vet 35	00:54:31
118	227	Davis	Caroline	Grantham Running Club	Female Vet 45	00:54:37
119	236	Vidler	Cassie		Female Vet 35	00:54:42
120	188	George	Anne-Marie		Female Vet 35	00:55:00
121	191	Philo	Tarquin		Male Vet 40	00:55:02
122	211	Wheway	Jayne		Female Vet 45	00:55:28
123	81	Allen	Sarah	Notts Women Runners	Female	00:55:43
123	192	Skinner	Gavin	Grantham Running Club	Male Vet 40	00:55:43
125	315	Carrington	Libby		Female	00:56:01
126	219	Wilkinson	Jon		Male Vet 50	00:56:02
127	302	James	Richard		Male	00:56:14
128	92	Morley	Angela		Female Vet 35	00:56:15
129	249	Platten	Paul	Werrington Joggers	Male Vet 50	00:56:22
130	196	Swindles	Mary	Newark Striders Running Club	Female Vet 55	00:56:49
131	162	Crook	Stephen		Male	00:56:51
131	163	Crook	Kirstie		Female Vet 45	00:56:51
133	116	Gadd	Alun		Male Vet 40	00:56:54
134	217	Synan	Marcus	Witham Runners (Lincolnshire)	Male Vet 40	00:57:10
135	10	Combie	John	Newark AC	Male Vet 60	00:57:18
136	311	Priest	Jason	Newark Striders Running Club	Male Vet 40	00:57:23
137	165	Simpson	Tom		Male	00:57:27
138	221	Thomson	Hannah	Newark Striders Running Club	Female	00:57:36
139	213	Clarke	Adam	Newark Striders Running Club	Male	00:57:37
140	62	Sharpe	Claire		Female Vet 35	00:57:59

141	121	Skinner	Janet		Female Vet 55	00:58:00
142	37	Lindsey	Valerie	Long Eaton Running Club	Female Vet 55	00:58:29
143	233	Woods	Melanie	Witham Runners (Lincolnshire)	Female Vet 35	00:58:37
144	20	Mackender	Alison		Female Vet 35	00:58:39
144	69	Green	Alan		Male Vet 60	00:58:39
144	73	Cooper	Rich		Male	00:58:39
147	231	Loughton	Mark		Male Vet 40	00:58:42
148	224	Riley	Anthony		Male Vet 60	00:58:49
149	220	Wilkinson	Ben		Male	00:58:50
150	234	Scott	Henny	Notts Women Runners	Female Vet 55	00:59:04
151	169	Cook	Tim	Werrington Joggers	Male Vet 50	00:59:18
152	101	Jacobs	Jacqueline	Grantham Running Club	Female Vet 45	00:59:20
153	91	Jones	Hannah		Female	01:00:00
154	179	Aldridge	Emma		Female Vet 45	01:00:02
155	144	Fahy	Nicola	Grantham Running Club	Female Vet 45	01:00:04
156	228	Smolinska	Magda	Notts Women Runners	Female	01:00:06
157	153	Wayte	Naomi	Notts Women Runners	Female Vet 55	01:00:07
158	207	Whistler	David		Male Vet 60	01:00:09
159	310	Atkins	Stacey	Newark Striders Running Club	Female Vet 35	01:00:20
160	199	Waldron	Sarah	Notts Women Runners	Female Vet 45	01:00:30
161	75	Smith	Jennifer	Notts Women Runners	Female Vet 45	01:00:41
162	186	Jubb	Gill		Female Vet 55	01:00:51
162	198	Hall	Jeff	Witham Runners (Lincolnshire)	Male Vet 50	01:00:51
164	301	Latham	Gemma		Female	01:01:21
165	226	Flint	Michelle	Redhill Road Runners	Female Vet 45	01:01:23
166	324	Bussett	Paul	Witham Runners (Lincolnshire)	Male	01:01:28
167	240	Clarke	Gillian		Female Vet 45	01:01:36
168	205	May	Robert		Male Vet 50	01:01:37
169	174	Onion	Dave	Redhill Road Runners	Male Vet 60	01:01:41
170	102	Elliott	Paula	Notts Women Runners	Female Vet 45	01:01:44
171	64	Thorne	Julie	Notts Women Runners	Female Vet 45	01:02:07
172	203	Diamond	Jim		Male Vet 60	01:02:13
173	208	Whistler	Judith		Female Vet 55	01:02:47
174	171	Cook	Claire	Werrington Joggers	Female	01:02:48
175	200	Dowse	Emily		Female	01:03:08
176	110	Bailey	Jason		Male Vet 40	01:03:13
177	67	Madon	Claire	Notts Women Runners	Female Vet 35	01:03:15
178	119	Jones	Eddie	Newark Striders Running Club	Male Vet 60	01:03:32
179	36	Newell	Bev		Female Vet 35	01:03:33
179	209	Riley	Geoff		Male	01:03:33
181	239	Kirk	Julie		Female Vet 45	01:03:34
182	88	John	Alison	Notts Women Runners	Female Vet 35	01:03:36
183	99	Poole	Sandra	Holme Pierrepont RC	Female Vet 55	01:04:08
184	241	Botfield	Glyn	North Derbyshire RC	Male Vet 60	01:04:15
185	159	Stubbs	Jane	Notts Women Runners	Female Vet 45	01:04:27
186	321	Serra	Elisabete		Female Vet 35	01:04:51
187	71	Margeson	Sarah		Female Vet 35	01:04:52
188	322	Fortes	Ruth		Female Vet 45	01:05:23
189	120	Bloomer	Andrew		Male Vet 60	01:05:32
190	319	Gault	Peter	Southwell Running Club	Male Vet 50	01:05:35
190	320	Gault	Hayley		Female Vet 35	01:05:35
192	87	Spencer	Ethan		Male	01:05:36
193	222	Granger	Sharon	Notts Women Runners	Female Vet 35	01:06:15
194	157	Grayston	Corinne		Female Vet 55	01:06:33
195	202	Pecchio	George		Male Vet 40	01:06:56
196	94	Webster	Julie	Redhill Road Runners	Female Vet 45	01:07:07
197	93	Webster	Mark	Redhill Road Runners	Male Vet 50	01:07:08
198	1	Dodsley	Kirstie	Notts Women Runners	Female Vet 35	01:07:31
199	8	Parkin	Karen	Woodthorpe Huffers & Puffers	Female Vet 55	01:07:54
200	82	Sanderson	Gemma		Female	01:07:57
201	111	Dunlop	Karen		Female Vet 35	01:08:23
202	125	Parker	Carole	Sleaford Striders AC	Female Vet 45	01:08:41
203	29	Exworthy	Helen		Female Vet 45	01:08:52
204	126	Wrighton	Eve		Female Vet 45	01:08:58
205	42	Pike	Lindsey	Notts Women Runners	Female	01:09:09
206	146	Rigby	Kayleigh	Notts Women Runners	Female	01:09:11
207	77	Rigby	Deborah	Notts Women Runners	Female Vet 45	01:09:14
208	132	Teece	Lucy	Notts Women Runners	Female	01:09:28
209	32	Allen	Jim		Male Vet 40	01:09:36
209	33	Allen	Nicole		Female Vet 35	01:09:36
211	140	Bell	Julie	Woodthorpe Huffers & Puffers	Female Vet 55	01:11:14
212	129	Lannon	Denise		Female Vet 35	01:11:36

213	97	Rolinson	Catherine		Female Vet 55	01:12:24
214	100	Thornton	Stanley	Sleaford Town Runners	Male Vet 60	01:12:29
215	115	Henderson	Hayley Sarah		Female	01:13:20
216	145	La Court	Clive		Male Vet 50	01:13:41
217	9	Bridges	Julie	Notts Women Runners	Female Vet 45	01:13:54
218	31	Stanton	Joyce		Female Vet 55	01:13:56
219	6	Baker	Cindy	Bridlington Road Runners	Female Vet 45	01:14:01
220	160	Walker	Sophie		Female	01:15:51
221	4	Clements	Lisa	Notts Women Runners	Female Vet 45	01:15:53
222	170	Cook	Carol	Werrington Joggers	Female Vet 45	01:16:11
222	248	Platten	Jo	Werrington Joggers	Female Vet 45	01:16:11
224	118	Kirkland	Beverley		Female Vet 45	01:16:27
225	243	Parr	Sam		Female Vet 35	01:16:52
226	131	Wells	Clare	Witham Runners (Lincolnshire)	Female	01:17:32
227	308	Bigden	Hannah		Female Vet 35	01:18:03
228	86	Poxon	Francesca	Notts Women Runners	Female	01:19:01
228	237	Thomas	Hannah	Notts Women Runners	Female Vet 35	01:19:01
230	90	Arrowsmith	Les	Skegness Coasters	Male Vet 60	01:19:28
231	2	Orton	Tracy	Notts Women Runners	Female Vet 35	01:19:34
232	235	Williams	Denise		Female Vet 55	01:19:36
233	178	Lowthian	Mark		Male Vet 50	01:20:29
234	185	Jubb	Chris		Male Vet 60	01:20:37
235	55	Slater	Mary		Female Vet 55	01:23:26
235	74	Bridges	Christine	Notts Women Runners	Female Vet 55	01:23:26
235	147	Vallance	Michelle	Notts Women Runners	Female Vet 55	01:23:26
238	53	Lunn	Amanda	Notts Women Runners	Female Vet 45	01:23:36
238	61	Henrys	Marie		Female Vet 55	01:23:36
240	54	Temple	Tammy	Notts Women Runners	Female Vet 35	01:24:24
241	230	Morley	Beth		Female	01:29:05
242	229	Mays	Jade		Female	01:29:06
243	79	Davy-Hoffman	Marcia	Notts Women Runners	Female Vet 55	01:30:49
244	28	Herrick	Kelly	Notts Women Runners	Female Vet 35	01:30:56
245	11	Wain	Gill	Woodthorpe Huffers & Puffers	Female Vet 35	01:32:24
246	84	Allen	Sally	Notts Women Runners	Female Vet 35	01:38:44
247	104	Boot	Suzanne	Notts Women Runners	Female Vet 35	01:40:07
248	38	Hendy-Ibbs	Sonya	Notts Women Runners	Female	01:40:07
248	44	Downs	Debbie	Notts Women Runners	Female Vet 35	01:40:07
248	45	West	Lisa	Notts Women Runners	Female	01:40:07
248	124	Jenkins	Maria	Notts Women Runners	Female Vet 35	01:40:07
N/A	15	Needham	Robert		Male	dns
N/A	19	Wright	Rita		Female Vet 55	dns
N/A	24	Bell	Ken		Male Vet 50	dns
N/A	25	Allen	Chantal		Female Vet 55	dns
N/A	26	Shone	Rebecca	Notts Women Runners	Female	dns
N/A	34	Fraser-Burton	Cait		Female	dns
N/A	41	Bocking	John		Male Vet 50	dns
N/A	46	Hodgkin	Ben	Grantham Running Club	Male	dns
N/A	48	Durham	Tom	Grantham Running Club	Male	dns
N/A	49	Morrison	Catherine	Newark Striders Running Club	Female Vet 55	dns
N/A	50	Seabrook	Jane	Newark Striders Running Club	Female Vet 45	dns
N/A	52	Hill	Michael		Male Vet 60	dns
N/A	56	Watson	Neil		Male Vet 60	dns
N/A	57	Brenda	Watson		Female Vet 55	dns
N/A	59	Laughton	Colin	Worksop Harriers	Male Vet 40	dns
N/A	66	Elsender	Lisa		Female Vet 35	dns
N/A	76	Upward	Richard	Beeston AC	Male Vet 40	dns
N/A	85	Divall	Bernie	Newark Striders Running Club	Female Vet 45	dns
N/A	89	Webb	Andy		Male Vet 60	dns
N/A	106	Ward	Sammie	Notts Women Runners	Female	dns
N/A	112	Adamson	Paul		Male	dns
N/A	114	Carruthers	Roger		Male	dns
N/A	130	Hogg	Alison	Beeston AC	Female Vet 45	dns
N/A	141	Cowling	Becki		Female Vet 35	dns
N/A	150	Race	Jack		Male	dns
N/A	158	Hancock	Beverley	Newark Striders Running Club	Female Vet 35	dns
N/A	164	Fender	Lynne		Female Vet 45	dns
N/A	173	Barnaby	Mike	Lincoln Wellington Athletic Club	Male Vet 60	dns
N/A	181	Aveyard	Baz		Male Vet 50	dns
N/A	214	Lees	Rob		Male	dns