

NOTFAST Grand Prix 2018

To encourage participation in local events, the club has set a Grand Prix Challenge. To qualify for an award, you need to run at least 12 of the listed events. For members over 65, 7 of the listed events are required. Note that for Summer League and winter cross country any 2018 events qualify, but each can only amount to 1 "event" i.e. 4 Summer Leagues isn't 2 qualifying events. For Nottinghamshire County Championship races don't forget to tick the box when entering, if eligible (residence 9 months or birth in county).

Please keep your own record of your Grand Prix events for the committee to verify at the end of the year.

Date	Event name	Distance	Further information
	Parkrun	5k	Any 10 or more Parkruns in 2018 = 1 GP event
	Parkrun Volunteer		Any 5 Parkruns in 2018 = 1 GP event (multiples allowed)
Winter	Cross Country		Any 2 or more races during year 2018 = 1 GP event
Summer	Summer league		Any 2 or more races during year 2018 = 1 GP event
24/02/18	Belvoir Challenge	15/26 mile	https://www.facebook.com/The-Belvoir-Challenge-303623766359292/
4/3/18	Newton's Fraction	13.1 miles	http://www.granthamac.com/nf/
4/3/18	Ashbourne 10	5k/10k/10mile	http://www.sbrevents.co.uk/
11/3/18	Retford Half	13.1 miles	http://www.retfordac.co.uk/retford-half-marathon-c29.html
18/3/18	Lincoln 10k	10k	https://www.runforall.com/events/10k/city-of-lincoln-10k/
2/4/18	Notts Easter 10k	10k	http://www.run-nottingham.co.uk/10km/4586384710
15/4/18	Grantham Cup	10k trail	http://www.granthamrunningclub.co.uk/gc/index.php
22/4/18	The Longhorn	Multi distance	http://www.sbrevents.co.uk/events/the-longhorn-2018
TBA	Orston Spring Dash	10k	http://orstonspringdash.co.uk/
TBA	Clawson	10k	www.runbritain.com/race/clawson-10k-challenge
6/5/18	Sleaford Half Marathon	13.1 miles	http://www.sleafordhalf.com/Sleafordhalf/index.html
6/5/18	Lincoln Marathon and Half Marathon	26.2/13.1 miles	https://www.lincolnmarathon.org/
TBA	NOTFAST memorial run - Flowserve	5k or 10k	Free event organized by club. More details to follow.
TBA	Clumber Park 10K	10k trail	http://www.run2u.uk/clumber-10k-1.html
TBA	Gordon Whelbourn	various	Any 2 races Mon-Thurs www.newarkathletics.co.uk
TBA	Gordon Whelbourn	10k	last event in a week of races www.newarkathletics.co.uk

TBA	Notts Road Race	10 miles	http://www.run-nottingham.co.uk/10-miles/4586384711
22/6/18	Summer Solstice	10k	http://www.granthamrunningclub.co.uk/sumsol/
24/6/18	Grimsthorpe 10	5k/10k/10 mile	http://www.sbrevents.co.uk/events/grimsthorpe-10-2018
TBA	Collingham Canter	5k	TBA
TBA	NOTFAST 10k Volunteer	N/A	N/A
TBA	Newstead Abbey Dash	5K	https://www.redhillroadrunners.com/our-races
10/8/18	Sleaford Striders Summer 10k	10k	http://www.sleafordhalf.com/10k/index.html
TBA	Newark Half or volunteer	13.1 miles	http://www.newarkhalfmarathon.co.uk
TBA	Bassingham Bash	5 miles	https://www.withamrunners.co.uk/bassingham-bash
TBA	Bramley Challenge	Approx 5 miles	Organised by Southwell Running Club, inter club event – let Kate know if you want food!
TBA	Grimsthorpe Castle	10k	www.bournetownharriers.org
2/9/18	Sherwood Pines 10k	10k Trail	http://www.run2u.uk/sherwood-10k.html
TBA	Ponton Plod volunteering/running		ernestclarke@btinternet.com
22 and 23/9/18	Belvoir Castle Equinox	All options	https://www.equinox24.co.uk/
30/9/18	Robin Hood	13.1	www.robinhoodhalfmarathon.co.uk
TBA	Syerston Challenge	10k	TBA
TBA	Stilton Stumble	10k trail	http://stiltonstumble.com/
21/10/18	Thoresby 10	5k/10k/10 mile	http://www.sbrevents.co.uk/events/thoresby-10-2018
TBA	Worksop Halloween Half	13.1 miles	www.worksopharriers.co.uk
TBA	Belvoir Clock-back	10k	https://www.facebook.com/The-Belvoir-Challenge-303623766359292/
TBA	Rushcliffe Golf Course Night 5 Mile	5 Miles	http://www.formula4fitness.co.uk/f4f-events/the-night-trail/
4/11/18	Rockingham10	5k/10k/10 mile	http://www.sbrevents.co.uk/events/rockingham-10-2018
24/11/18	Robin Hood Trail Runs	10k/5k	http://www.osbevents.com/events/running/robin-hood-trail-runs/
TBA	Edwinstow Xmas 10k	10k Trail	http://www.run2u.uk/edwinstowe-10k.html