

NOTFAST Grand Prix - 2018

To encourage participation in local events, the club has set a Grand Prix Challenge. To qualify for an award, you need to run at least 12 of the listed events. For members over 65, 7 of the listed events are required. Note that for Summer League and winter cross country any 2018 events qualify, but each can only amount to 1 "event" i.e. 4 Summer Leagues isn't 2 qualifying events. For Nottinghamshire County Championship races don't forget to tick the box when entering, if eligible (residence 9 months or birth in county).

Please keep your own record of your Grand Prix events for the committee to verify at the end of the year.

Date	Event name	Distance	Further information
	Parkrun	5k	Any 10 or more Parkruns in 2018 = 1 GP event
	Parkrun Volunteer		Any 5 Parkruns in 2018 = 1 GP event (multiples allowed)
Winter	Cross Country		Any 2 or more races during year 2018 = 1 GP event
Summer	Summer league		Any 2 or more races during year 2018 = 1 GP event
24/02/18	Belvoir Challenge	15/26 mile	https://www.facebook.com/The-Belvoir-Challenge-303623766359292/
4/3/18	Newton's Fraction	13.1 miles	http://www.granthamac.com/nf/
11/3/18	Retford Half	13.1 miles	http://www.retfordac.co.uk/retford-half-marathon-c29.html
18/3/18	Lincoln 10k	10k	https://www.runforall.com/events/10k/city-of-lincoln-10k/
24/3/18	Ashbourne 10	5k/10k/10mile	http://www.sbrevents.co.uk/
2/4/18	Notts Easter 10k	10k	https://nottssac.co.uk/entry-forms/easter-10k-fun-run-entries/
15/4/18	Grantham Cup	10k trail	http://www.granthamrunningclub.co.uk/gc/index.php
22/4/18	The Longhorn	Multi distance	http://www.sbrevents.co.uk/events/the-longhorn-2018
29/4/18	Orston Spring Dash	10k	http://orstonspringdash.co.uk/
6/5/18	Sleaford Half Marathon	13.1 miles	http://www.sleafordhalf.com/Sleafordhalf/index.html
6/5/18	Lincoln Marathon and Half Marathon	26.2/13.1 miles	https://www.lincolnmarathon.org/
13/5/18	Clawson	10k	https://www.runbritain.com/RaceDetail.aspx?eventid=7cbf07c05f63&raceid=7abc0bca5e6b&returnlink=https://www.runbritain.com/races?keyword=clawson&distance=&region=&county=&profile=&surface=&awards=&entrants=&page=1&pagesize=8&gender=0&onlineentry=0&responseType=html
29/5/18	NOTFAST memorial run - Flowserve	5k or 10k	Free event organized by club. More details to follow.
4-7/6/18	Gordon Whelbourn	various	Any 2 races Mon-Thurs www.newarkathletics.co.uk
8/6/18	Gordon Whelbourn	10k	last event in a week of races www.newarkathletics.co.uk
10/6/18	Clumber Park 10K	10k trail	http://www.run2u.uk/clumber-10k-1.html
22/6/18	Summer Solstice	10k	http://www.granthamrunningclub.co.uk/sumsol/
24/6/18	Grimsthorpe 10	5k/10k/10 mile	http://www.sbrevents.co.uk/events/grimsthorpe-10-2018
15/7/18	Collingham Canter	5k	https://allevents.in/nottinghamshire/collingham-crawl-and-canter-2018/188744111881980

8/7/18	NOTFAST 10k Volunteer	N/A	N/A
13/7/18	Newstead Abbey Dash	5K	https://www.redhillroadrunners.com/our-races
10/8/18	Sleaford Striders Summer 10k	10k	http://www.sleafordhalf.com/10k/index.html
10/8/18	Notts Road Race	10 miles	http://www.run-nottingham.co.uk/10-miles/4586384711
12/8/18	Newark Half or volunteer	13.1 miles	http://www.newarkhalfmarathon.co.uk
1/9/18	Bassingham Bash	5 miles	https://www.withamrunners.co.uk/bassingham-bash
TBA	Bramley Challenge	Approx 5 miles	Organised by Southwell Running Club, inter club event – let Kate know if you want food!
TBA	Grimsthorpe Castle	10k	www.bournetownharriers.org
2/9/18	Sherwood Pines 10k	10k Trail	http://www.run2u.uk/sherwood-10k.html
16/9/18	Ponton Plod volunteering/running		ernestclarke@btinternet.com
22 and 23/9/18	Belvoir Castle Equinox	All options	https://www.equinox24.co.uk/
30/9/18	Robin Hood	13.1	www.robinhoodhalfmarathon.co.uk
7/10/18	Syerston Challenge	10k	https://www.sientries.co.uk/event.php?event_id=4493
14/10/18	Stilton Stumble	10k trail	https://www.runbritain.com/races?keyword=stilton
21/10/18	Thoresby 10	5k/10k/10 mile	http://www.sbrevents.co.uk/events/thoresby-10-2018
28/10/18	Worksop Halloween Half	13.1 miles	www.worksopharriers.co.uk
TBA	Belvoir Clock-back	10k	TBA
TBA	Rushcliffe Golf Course Night 5 Mile	5 Miles	TBA
4/11/18	Rockingham10	5k/10k/10 mile	http://www.sbrevents.co.uk/events/rockingham-10-2018
24/11/18	Robin Hood Trail Runs	10k/5k	http://www.osbevents.com/events/running/robin-hood-trail-runs/
2/12/18	Edwinstow Xmas 10k	10k Trail	http://www.run2u.uk/edwinstowe-10k.html