

Covid Action Plan

(Owner - Jeremy Reichelt, Not fast Running Club 25th July 2020)

An action plan is a document that outlines the process you are following to make your venue and activity Covid secure and would detail information such as the owner (Covid Officer/ Coordinator), risk assessments being carried out, tracking protocol and communication plans with all members and participants.

1. Appointment of club Covid Co-ordinator. **Jeremy Reichelt.**
2. Risk assessment for large group (12) training. **Jeremy Reichelt.**
3. Remind individuals not to take part in training or group sessions if they are unwell or showing signs of Covid. Those individuals who have previously been ill with Covid-19 might wish to seek medical advice before restarting physical activity and highlight this to any coaches or leaders as you would with any illness or injury concern. **Club Communication.**
4. Arrange for club members to update club medical declaration and contact details, with this having to be done prior to joining large group training. **Club communication.**
5. Ensure that any contact from valid enquiring agency is passed on to membership secretary (holder of member's details.) **Club procedure.**
6. All sessions to be pre booked, session participants list and attendance record to be kept by Training Co-ordinator. **Training Co-ordinator.**
7. All training to be held outside venues in public spaces and /or in road/path environment.
8. Training venues Tom Mann Pavilion and Flowserve Sports Club are not available.
 - a. Contact to be made with each to ascertain current position and Covid protocols being used.
 - b. Given size of the facilities it is unlikely that they can be used at step 3.
9. YMCA athletic track - contact to be made to ascertain Covid protocols in place.
10. Tracking protocol.
 - a. All members should inform the club or group Covid coordinator if they have any Covid symptoms or have a positive Covid test after attending a club training session.
 - b. Details of everyone who attends each club training session is recorded and made available if requested as part of the NHS test and trace programme.